



Community Mental Health
Consultants, Inc.

CMHC, Inc.
High St. Family
Care Clinic

706 S. High Street
Butler, Mo
660-200-7135

Jerry Morris, PsyD, MBA, MSPharm
ABMP, ABPP, ABBHP, NCSP,CCM

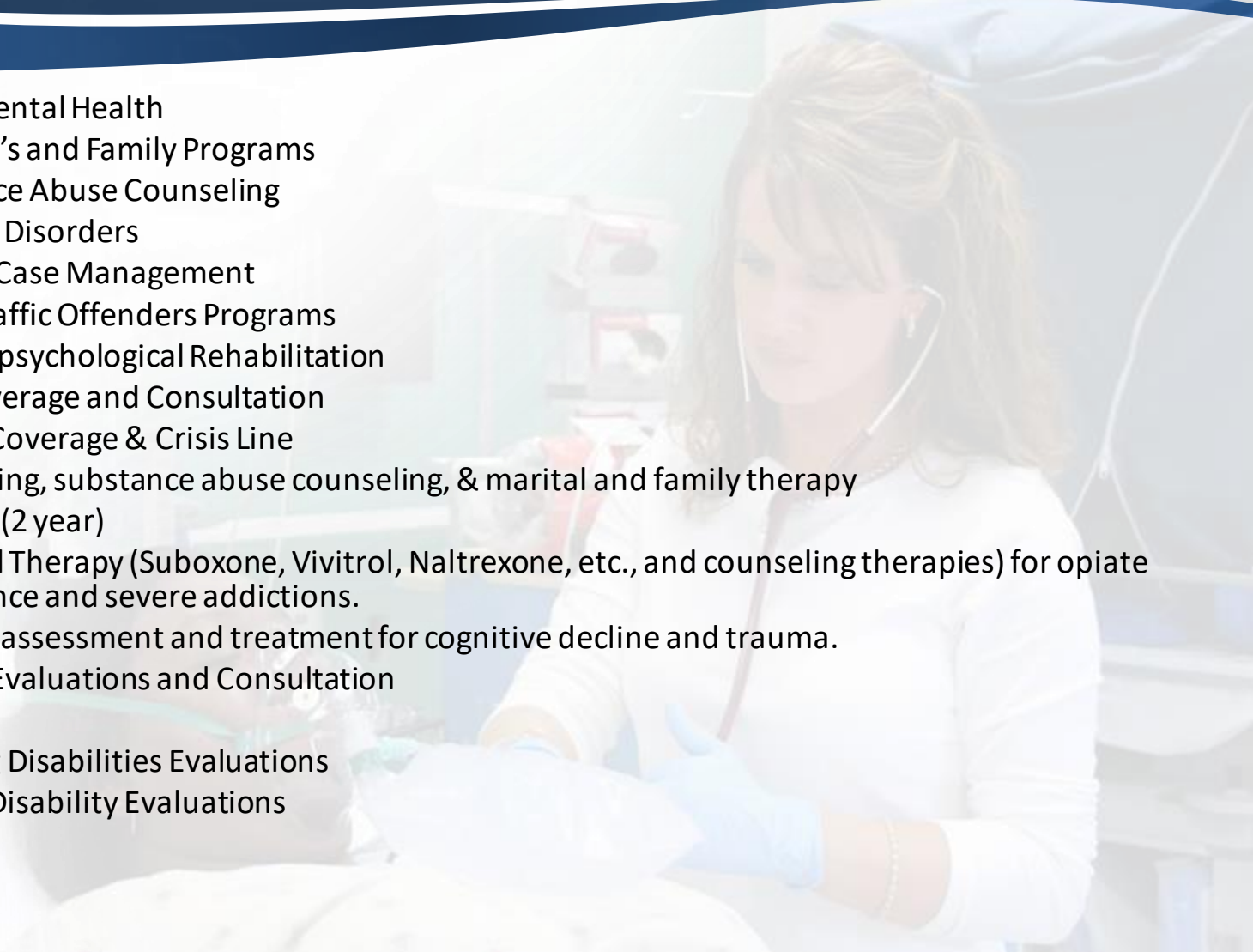
Butler Staff

- Dr. Jerry Morris, Board Certified Psychologist
- Dr. Ami Cooper, Clinical Psychologist
- Dr. Roger Wise (Telehealth), Clinical Psychologist
- Bethany Fast, MSN, APN, Nurse Practitioner
- Kate Hogsett, MS, LPC, CRADAC, Professional Counselor
- Tammy Pearson, MSW, LCSW, Clinical Social Worker
- Melissa Brundrige, CRADAC, Substance Abuse Counselor
- Cindy Brannan, RN, Nurse Care Manger
- Tara Taylor, BS, CRADAC, Substance Abuse Counselor
- Jessica Campbell, LPN, Case Manager
- Jenny Wright, BS Quality Assurance
- Ron Mariott, Case Manager



Programs

- Outpatient Adult Mental Health
- Outpatient Children's and Family Programs
- Outpatient Substance Abuse Counseling
- Day Treatment Dual Disorders
- Transportation and Case Management
- Substance Abuse Traffic Offenders Programs
- Geriatric and Neuropsychological Rehabilitation
- ED and Hospital Coverage and Consultation
- Emergency On-call Coverage & Crisis Line
- Psychology, counseling, substance abuse counseling, & marital and family therapy training residencies (2 year)
- Medication Assisted Therapy (Suboxone, Vivitrol, Naltrexone, etc., and counseling therapies) for opiate and other dependence and severe addictions.
- Neuropsychological assessment and treatment for cognitive decline and trauma.
- Court and Forensic Evaluations and Consultation
- Family Therapy
- School and Learning Disabilities Evaluations
- Social Security and Disability Evaluations



Funding

- All Major Insurance Carriers
- All area Managed Care Carriers
- Medicaid
- Medicare
- Department of Mental Health Contracts
- Drug Court Contracts
- Federal Probation & Parole
- CMS Monitoring Contracts
- Mo Division of Family Service Contracts
- Mo Division of Probation and Parole Contracts
- Federal Probation and Parole Contract
- Disease Management Contract with Department of Mental Health

Accreditation

- Mo Department of Mental Health Division of Alcoholism & Drug Abuse
- Mo and Ks and Ok Medicaid/Medicare
- Commission on Accreditation of Rehabilitation Facilities (CARF)
- Health Resources & Services Administration (HRSA), US Department of Health and Human Services

Role in Primary Care

- 24% of all admissions to Primary Care Clinics have a behavioral health or psychological disorder
- 67% of the mentally ill get their medicines from Primary Care physicians rather than psychiatrists.
- Approximately 1 in 5 patients with Major Depressive Disorder or Bipolar Disorder or Schizophrenia Commit Suicide.
- Mental Disorders are treatable and as many as 70% recover with proper treatment.
- (Morris, J. A. (Ed; 1997). *Practicing Psychology in Rural Settings: Hospital Privileges and Collaborative Care*. American Psychological Association, 750 First St. NE, Washington, DC 20002.; Caccavale, J., Cummings, N., Morris, J., Reinhardt, D., Rubin, H., Wiggins, J. (2010). *Failure To Serve: A White Paper on The Use of Medications As A First line Treatment And Misuse In Behavioral Interventions This report was prepared by: The National Alliance of Professional Psychology Providers, www.nappp.org* .). American Psychological Association (1985). *A hospital practice primer for psychologists*. Washington, DC.; Cummings, N. A., (1991). Arguments for the financial efficacy of psychological services in health care settings. In J. J. Sweet et al (Eds.) *Handbook of clinical psychology in medical settings*. New York: Plenum.



Economics of Behavioral Healthcare in Primary Care

- The New Healthcare Law pays incentives for programs that screen for mental illness (MI) and substance use disorder (SUDs) in Primary Care and treats them or links them with mental health specialists (Patient Protection and Affordable Care Act (Public Law 111-148). Enacted 3/23/10, 3/31/10).
- In May of 2012, the Center for Medicaid and Medicare Services (CMS) published a final decision on recommendations of the hospital outpatient program (76 Fed. Reg. 74360). In this rule, the Agency changed the level of supervision required for hospital, residential or partial hospital settings. In a program memorandum (Transmittal B-01-28, April 19th, 2001). The Physician Supervision was moved from Direct to General for Psychologists-like all physicians requiring only a Medical Director supervising programs rather than direct supervision of the psychologist's (or specific general physician's) direct individual patient care.
- Research shows that specialty diagnoses, treatment, and early intervention for substance abuse or emotional disorders saves scarce healthcare costs, lowers cost to families, and helps the economy (Pallack, Cummings, Dorken, and Henke, 1994; and subsequent multiple validation studies).



Economics of Behavioral Healthcare in Primary Care

- Systems treating mental disorders and the psychological aspects of physical disorders and SUDs increase H&P Volume, EEGs, Sleep Studies, blood work, medication checks and management, etc.
- These systems keep patient's at home instead of referring them to distant large multifaceted medical centers and losing their routine primary care.
- Primary Care Physicians have mental health specialty risk management assistance for mental health diagnosis and psychotropic medication selection (see: www.amphome.org) and are more comfortable seeing these patients and therefore take on more volume of them in collaboration with the psychologist rather than shipping them out of the system.
- ED and Hospital Physicians are more comfortable stabilizing depressed patients in the general hospital when there is psychologist support and this averts rapid transfer, increases hospital census, and increases quality of care where the family can be engaged and involved and there is smooth transition to adequate outpatient care.
- Documentation is improved making justification of services and reimbursement improved.



Economics of Behavioral Healthcare in Primary Care

- **CMH has new rules for Nursing Homes and Pain Management:**

Nursing homes can't use neuroleptics, benzodiazepines, and antidepressants without also having specialty psychological consultation and active therapies to minimize these medications that have shown to have long-term deleterious effects on aging patients.

Admission rules for nursing homes require that if a PASAAR evaluation shows the patient had a pre-morbid mental illness, the nursing home must arrange for specialty care or transfer the patient to another home that has this capacity.

New rules for the use of opiates (pain pills/synthetic heroin-narcotics) indicate that they are safe and approved only for: a. up to 6 days post surgery, b. terminal patients in the end of life, and c. certain types of cancer. The thousands killed and addicted by the unrealistic prescription and use of these medications have created what the Surgeon General of the United States and the Physician Head of HEW have called a "doctor driven epidemic". We have implemented our MAT programs to help these patients with step-down, and substitute medications, and psychological treatment to reduce pain disruption and signals in patients.



Economics of Behavioral Healthcare in Primary Care

- Multidisciplinary hospital and primary care staffing improves diversification of streams of funding opportunities essential to the future of these systems:
 - Treatment Grant Opportunities
 - Managed Care Contracting Opportunities
 - State Contracts Opportunities
 - Research Grant Opportunities
 - Prevention Funding Streams Coming Online in 2014
 - Foundation Funding



Economics of Behavioral Healthcare in Primary Care


- Economies of Scale Opportunities
- Amortization of Administrative Costs Across More Programs (lower unit cost)
- Diversification of Streams of Funding Decreasing the Effects of Cash Flow Troughs and Downturns in Specific Program Business Cycles (Hedging).
- More Flexibility In Minimization of Uncommitted Inventory (Use of vacant facilities and equipment for other programs).
- Upstream and Downstream Supply Chain Integration (More Patients Stay in the System Regardless of type and depth of their problem developing customer confidence and loyalty)
- Improved Brand Recognition as a Comprehensive Community Backstop System.
- Qualification for Future State and Federal Integrated Care (multi-disciplinary model) funding expansion.

Competitors Have Strong Behavioral Health Programs

All the following have recently hired psychologists.

- Cass Co Medical Center
- Nevada Regional Medical Center
- Freeman Hospital Joplin
- KU Medical Center
- Heartland Hospital and Medical Center of St. Joseph
- Kansas University Medical Center
- And many others.





When You Need Help in the Bates and Adjoining Counties of Missouri and Kansas

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**Contact: CMHC, Inc. At our High Street
Clinic Number: 660-200-7135 Butler, or
our main center at 417-667-8352**